



## About Forensicare

Forensicare is Victoria's leading provider of forensic mental health care. We work to meet the needs of consumers with serious mental illnesses across the justice system, mental health sectors and the community.

Our services deliver a range of mental health programs targeted at patients with different needs at different stages of recovery; from early intervention and prevention, inpatient care, rehabilitation and community transition support. These services are delivered through:

- Thomas Embling Hospital, a secure mental health hospital
- Prison Mental Health Services
- Community Forensic Mental Health Service

We also work in partnership with Swinburne University of Technology through the Centre for Forensic Behavioural Science to deliver a forensic mental health research program, specialist training and ongoing professional education.



Forensicare

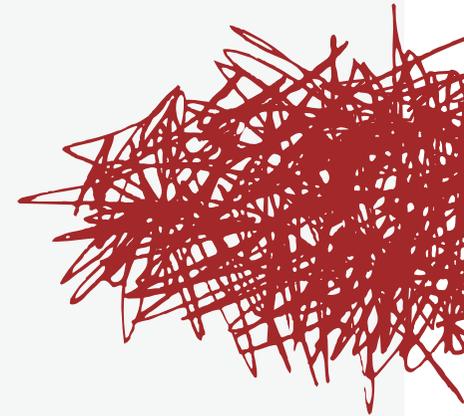
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## PROBLEM BEHAVIOUR PROGRAM

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Community Forensic Mental Health Service

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The Problem Behaviour Program (PBP) provides psychological and psychiatric consultation and treatment for people with a range of 'problem' behaviours associated with offending and for whom services are not available elsewhere.

The program is directed at individuals known to have recently engaged in, or are at risk of engaging in, one or more 'problem behaviours'. The PBP also uses the services of a clinical neuropsychologist and social worker to inform assessment, treatment and management.

## What are problem behaviours?

Problem behaviours are defined as problems associated with offending. They include:

- serious physical violence
- threats to kill or harm others
- stalking (repeated unwanted contact)
- adult sexual assault and rape
- paedophilia
- other problematic sexual behaviour related to offending (e.g. indecent exposure) collection and possession of child exploitation material including internet child pornography
- fire-setting

## How to make a referral

Referrals to the PBP are made when a client:

- has significant behavioural issues associated with offending and requires a specialist risk assessment or management plan
- is unable to be managed due to high risk issues, and may benefit from treatment.

Referrals can be made for:

- people aged 18 or over.
- Individuals who have referral to the program as a condition of an order or parole (please note – these referrals will not necessarily be automatically accepted).

Anyone can make a referral on behalf of another person with their consent. Self referrals are also accepted.

## Our services

### Primary Consultation

A primary consultation involves the assessment of referred clients by a psychologist and/or psychiatrist. Depending on the complexity of the case, other mental health clinicians may also be involved in the assessment process.

Following the consultation, a risk assessment is completed and recommendations are made for the ongoing management of the client. This is documented in a report which is sent to the referrer.

Except for specialist work undertaken in partnership with the Department of Justice & Regulation, clients are seen at the Community Forensic Mental Health Service clinic, or by video conference link.

### Secondary Consultation

A secondary consultation involves a discussion about a specific client, usually via telephone, between a Problem Behaviour clinician and the referrer. The client is not present during the consultation. The discussion aims to clarify issues and provide advice about ongoing management. A secondary consultation may lead to a primary consultation, if appropriate.

### Tertiary Consultation

Tertiary consultations may involve developing the skills of staff in other services in areas such as agency approaches or procedures regarding risk management not related to a specific client.

### Ongoing Treatment

Ongoing treatment and therapeutic work is provided to clients assessed with having treatment needs that will benefit from specialist intervention. This service is only available after a primary consultation.

## More information

To find out more about the program or make a referral please contact our Intake Worker on telephone 03 9947 2500 between 9am to 4.30pm, Monday to Friday.

